

RASA SHASTRA

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Rasa Shastra The Art of Vedic Alchemy Vol.2 introduces additional Rasa Shastra materials prepared using an electric kiln to substitute the effect of a traditional puta (burning pit).

This advanced second presentation is packed with useful information and high quality images.

THE ART OF VEDIC ALCHEMY VOL.2

BY
ANDREW MASON

RASA SHASTRA



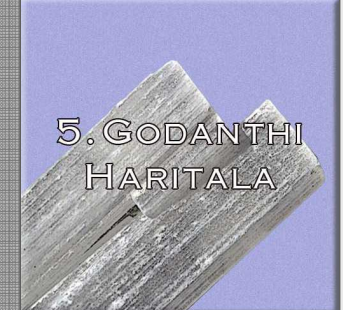
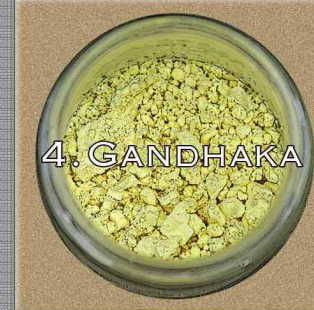
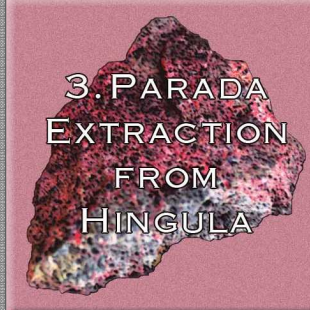
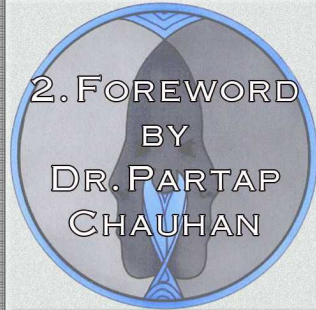
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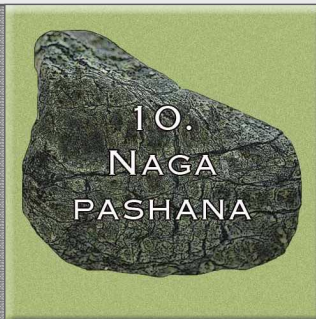
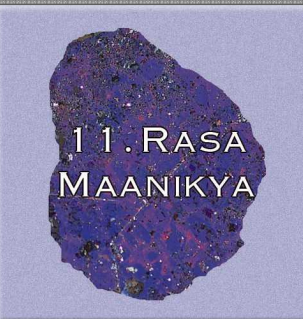
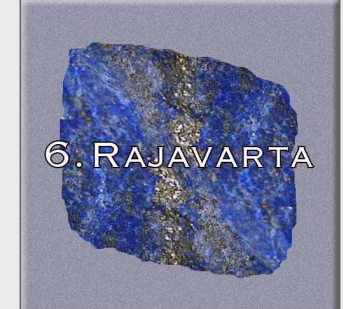
Table of Contents

1. *Introduction & Getting Started*
2. *Foreword by Dr. Partap Chauhan*
3. *Parada Extraction from Hingula (Cinnabar)*
4. *Gandhaka (Sulphur)*
5. *Godanthi Haritala (Gypsum)*
6. *Rajavarta (Lapis Lazuli)*
7. *Pirojaka (Turquoise)*
8. *Mukta & Sukti (Pearls & Mother of Pearl)*
9. *Kapardika (Cowrie Shells)*
10. *Naga Pashana (Serpentine)*
11. *Rasa Maanikya (Orpiment)*
12. *Extras & Credits*

Main Menu



[Click titles to advance to relevant section](#)



[Click here for Rasa Shastra Terminology / Glossary](#)



Parada Extraction

Select 350g of cinnabar, three lemons and an iron mortar.



Gandhaka Processing

Add 250g of powdered
Gandhaka to the ghee and
stir well.



Godanthi Haritala Processing

Godanthi Haritala after a
second puta treatment.



Rajavarta Processing

Place Rajavarta onto a ceramic dish and dry in sunlight.

When dry, regrind in a pestle and mortar.



Mukta Processing

Keep the vinegar content topped up as it will evaporate quickly when boiling.

It is advisable to keep a lid on the cooking pot to minimise evaporation.



Kapardika Processing

Ingredients

150g Kapardika
(Cowrie Shells)
3Ltrs Malt Vinegar
Godugdha (Milk)

Select 150g of Kapardika shells, wash in warm water and dry.

The best variety (strongest medicinal value) are the ones pictured opposite.

Kapardika should have a clean white underside and a slightly grey-yellow colouration on the topside.



Naga Pashana Processing

Naga Pashana cakrika after
an eighth and final puta.

The colour shift from the
original appearance is quite
dramatic.



Rasa Maanikya Processing

A few pieces of Rasa Maanikya resting on a sheet of mica.

The yellow staining shows where sulphur flowed out of the material and evaporated.



Mayura Piccha Processing

Upon examination of Mayura Piccha it can be seen to have many blue flecks over its outer layer.

To the ancients this was believed to be a form of purified copper, released from the pigment of the peacock feathers during the purification process*.

There are recipes in Rasa Shastra for removing copper from Mayura Piccha but it requires many hundreds of feathers to obtain only a small amount of copper.

** In 1996 gamma ray spectrometry (India) confirmed the presence of copper in peacock feathers, it also found high amounts of mercury and trace elements of manganese, iron and zinc.*



Electric Kiln & Rasa Preparations

The internal dimensions of the kiln allowed two tiers of crucibles to be given heat treatment.

Four crucibles (see left) were placed on each level.

Kilns will often come with an assortment of castellated spacers and shelves to allow a larger number of goods to be fired.



Mrga Srnga Processing

Ingredients

1.5kg Mrga Srnga
(Deer Horn)
5Ltr White Grape Vinegar
Godugdha (Milk)

Collect 1.5kg of Mrga Srnga,
clean in warm water and dry.

The samples seen opposite
are from Fallow Deer.



Samudra Phena Preparation

The thin membrane is
carefully peeled away.